

January 2026 | Parkwood Highlands

HIGHLANDS

Happenings



IN THIS ISSUE

Spotlight Activities and Events	3
Facts About New Year's Resolutions	8
White Chicken Chili	9



Welcome to the Highlands Happenings Table of Contents

Past Activities & Events	2	Just For Fun	8
Upcoming Events	3	What's Cooking	9
Resident Reminders	4	Contact Information	10
Welcome & Celebrations	5	On-Site & Local Services	11
Activity Calendar	6 - 7	Check It Out	12

PAST ACTIVITIES & RECREATIONAL EVENTS



UPCOMING SPOTLIGHT EVENTS



Dolce Duo Entertainment

THURSDAY, JANUARY 15TH AT 3 PM | BUILDING 4 COMMUNITY ROOM
 Enjoy a mix of live music performed by the Dolce Duo and a fun decade-themed trivia game! The show will start with about 30 minutes of music, followed by a quick game to of decades trivia before finishing with more music. Come have some fun with us!
\$7 per person. RSVP by Thursday, January 8th



Improv Class

TUESDAY, JANUARY 20TH AT 1 PM | BUILDING 4 COMMUNITY ROOM
 Join Doug Jarecki—comedian and longtime instructor—for a fun and uplifting senior improv class! With over three years of experience teaching improv to older adults, Doug creates a welcoming space that encourages creativity, confidence, and connection.
\$5 per person. RSVP by Tuesday, January 13th



New Berlin Public Library Presentation

TUESDAY, JANUARY 20TH AT 6:30 PM | BUILDING 4 COMMUNITY ROOM
 A speaker from the New Berlin Public Library will be joining us during our regular Book Club time. This special session is open to all residents, whether or not you're a member of the Book Club. Come enjoy an engaging discussion and learn more about library resources and programs!
This event is free. RSVP by Tuesday, January 13th



Cocktail Social

WEDNESDAY, JANUARY 21ST AT 3 PM | BUILDING 4 COMMUNITY ROOM
 Come enjoy a friendly night of sipping and socializing! We'll offer a selection of different liquors, mixers and garnishes to create your favorite cocktails.
\$5 per person. RSVP by Wednesday, January 14th



Comfort Classics Dinner

THURSDAY, JANUARY 29TH AT 4 PM | BUILDING 4 COMMUNITY ROOM
 Join us for a warm and comforting evening featuring a delicious fried chicken dinner from Pick 'n Save, complete with all the classic sides, dessert, and beverages. A perfect night to relax and enjoy good food and good company!
\$9 per person. RSVP by Thursday, January 22nd

*We look forward to having you join us!
 For a complete list of activities and events taking place
 this month at the Highlands, visit our Activity Calendar on pages 6-7.*

RESIDENT REMINDERS



January, the first month of the year. A perfect time to start all over again. Changing energies and deserting old moods. New beginnings, new attitudes.

-Charmaine J Forde

Congratulations!

Who won \$100?



This month's winners of our \$100 lease renewal drawing are Robert & Linda G.



Snowplow Awareness

Be watchful of snowplows when it snows. If you have a car parked in the lot, please try and move it so the plow can clear the entire lot. The weather has been very unpredictable this season and we thank you for being patient.

Common Area Temperatures

Community Room & Library temps are set to 72°-74° and hallway temps are set to 70°. Please contact the Resident Services Office if you notice any problems.

Doors

You may have noticed, the change in Wisconsin weather temperatures can often times impact the operation of the doors and the mechanism used to properly close them. We kindly request that you take some extra time to ensure that all doors close behind you when entering and leaving the building. Your cooperation is greatly appreciated.

Activity & Upcoming Events Sign Up Sheet

THE MORE THE MERRIER! PLEASE JOIN US!

We love to see our residents participating in the many activities offered at our community. Be sure to sign up for the event you wish to attend using the Sign Up Sheet provided in this newsletter. Our calendar will list all of the events and many of them will be featured as Spotlight Events in this newsletter as well. Attend them ALL, or simply select your favorites! We look forward to seeing you at the upcoming activities and events this month.

Slow Down You're Moving Too Fast

FRIENDLY REMINDERS FOR DRIVERS IN OUR COMMUNITY

Patience is a virtue and in a parking lot and on the roads that connect our community buildings, that virtue can be tested. That patience, however, can preserve damages to your car, to other's cars, surrounding landscape, and the likelihood of injury to pedestrians. Please take things slow when driving in/out and around our community and parking lots. If you see someone speeding in the parking lot or surrounding areas of our community, please let the office know by providing a description to the best of your ability of the make/model and color of the speeding vehicle.

Please also remember that the garage doors are set for sufficient time for one vehicle to pass through. We are not responsible for any damage to cars that "piggyback" each other to enter or exit the underground parking garage.

While driving in the underground parking garage, please be aware and on the lookout for residents who may be walking in the garage to/from their cars as well as those around the waste receptacle area/recycling and trash.

Featured Amenity

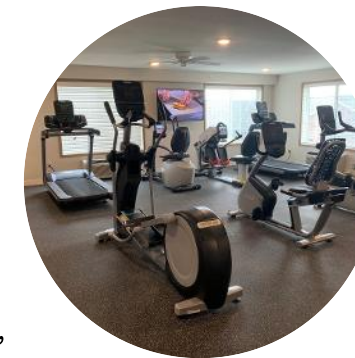
FITNESS CENTER

The Parkwood Highlands team cares about your health and we want to help you stay active and energized!

Our on-site fitness center is ready for your workouts. Whether you're lifting, stretching, or getting in some cardio.

Staying active is one of the best ways to maintain health, energy, and independence as we age. Regular exercise can boost mood, improve mobility, and reduce the risk of chronic conditions. Plus, it's a great way to connect with friends and stay social!

Check it out today - Your health, your pace, your space!



Stay Active - Stay Energized!

Resource Center

DID YOU KNOW WE HAVE A RESOURCE CENTER?

Our Resource Center is located in the Makers Space and contains information from various service providers who cater to the needs of those 55 and better. Enjoy information on cleaning services, home health care services, restaurant menus, coupons and more!

Check out the resources available to you today!



Don't wait for the perfect moment. Take the moment and make it perfect.

Zoey Sayward



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



JANUARY 2026 ACTIVITY & EVENTS CALENDAR

NEW YEAR'S DAY
Office Closed

					1	2	3
						8:30 am Coffee & Puzzles 9 am Orange Shoe 1 pm Poker 1:30 pm Knitting Group 6:30 pm Bingo	1 pm Sheepshead 7 pm Royal Rummy National Mind-Body Wellness Day
4	5	6	7	8	9	10	
Packers vs. Vikings Time TBD	9 am Exercise 1 pm Marbles 6 pm Sheepshead	10 am Bible Study 12:30 pm Sheepshead	1 pm Cribbage 6:30 pm 3-13 Card Game	9 am Walking Group 12:45 pm Dominoes 6 pm Rosary	8:30 am Coffee & Puzzles w/ Treat 9 am Orange Shoe 1 pm Poker 6:30 pm Bingo	1 pm Left, Right, Center & Penny Drop 7 pm Royal Rummy NFL Playoffs Wild Card Round Games at 3:30 PM & 7 PM	
11	12	13	14	15	16	17	
NFL Playoffs Wild Card Round Games at 12 PM, 3:30 PM & 7 PM	9 am Exercise 1 pm Marbles 6 pm Sheepshead	12:30 pm Sheepshead	8 am Buildings 4 & 5 Breakfast 1 pm Cribbage 6:30 pm 3-13 Card Game	9 am Walking Group 3 pm Dolce Duo Entertainment 6 pm Rosary	8:30 am Coffee & Puzzles 9 am Orange Shoe 1 pm Poker 1:30 pm Knitting Group 6:30 pm Bingo	1 pm Sheepshead 7 pm Royal Rummy NFL Playoffs Divisional Round Games at 3:30 PM & 7:15 PM	
18	19	20	21	22	23	24	
NFL Playoffs Divisional Round Games at 2 PM & 5:30 PM	Martin Luther King Jr Day 9 am Exercise 1 pm Marbles 6 pm Sheepshead	10 am Bible Study 1 pm Improv Class 6:30 pm New Berlin Library	1 pm Cribbage 3 pm Cocktail Social 6:30 pm 3-13 Card Game Monthly Fire Alarm Testing	9 am Walking Group 12:45 pm Dominoes 6 pm Rosary	8:30 am Coffee & Puzzles w/ Treat 9 am Orange Shoe 1 pm Poker 6:30 pm Bingo	1 pm Left, Right, Center & Penny Drop 7 pm Royal Rummy National Compliment Day	
25	26	27	28	29	30	31	
NFL Conference Championship 5:30 PM	9 am Exercise 1 pm Marbles 6 pm Sheepshead	12:30 pm Sheepshead	8 am Buildings 4 & 5 Breakfast 1 pm Cribbage 6:30 pm 3-13 Card Game	9 am Walking Group 12:45 pm Dominoes 4 pm Comfort Classics Dinner	8:30 am Coffee & Puzzles 9 am Orange Shoe 1 pm Poker 6:30 pm Bingo	7 pm Royal Rummy National Hot Chocolate Day	

JUST FOR FUN



To appreciate the beauty of a snowflake it is necessary to stand out in the cold.

-Aristotle



WHAT'S COOKING

White Chicken Chili

This white chicken chili is full of flavor and ideal for a quick, hearty meal—especially on a cold winter night. And the best part is that it comes together easily in one pot and also freezes well, making it a great option for meal prep or leftovers.



Fun Facts About New Year's Resolutions

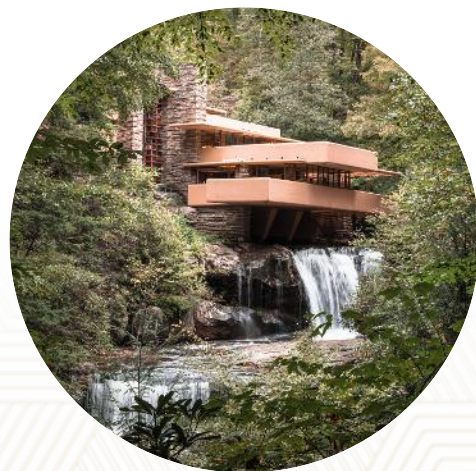
The tradition of New Year's resolutions dates back over 4,000 years to the ancient Babylonians. During a 12-day festival called Akitu, they made promises to their gods to pay debts and return borrowed items—early versions of resolutions!

The Romans later adopted similar practices, offering resolutions to Janus, the two-faced god of beginnings. Today, while fitness goals top most lists, only about 9% of people actually stick to their resolutions. Still, the hope of a fresh start keeps the tradition alive



Back Then In History

On January 17, 1867, Frank Lloyd Wright was born in Richland Center, Wisconsin. Widely considered one of America's most influential architects, Wright pioneered the Prairie School movement and designed iconic buildings like Taliesin in Spring Green. His philosophy of organic architecture emphasized harmony between human spaces and nature. Wright's legacy continues to inspire architects around the world, with more than a dozen of his structures still standing throughout Wisconsin.



Top Ten

COZY THINGS TO DO INDOORS DURING COLD WINTER MONTHS

Staying in can be just as enjoyable as going out, especially when it's January in Wisconsin. Check out these Top 10 cozy things to do inside the comfort of your own home.

1. Read a new book
2. Make hot cocoa
3. Try a new recipe
4. Do a puzzle
5. Stream a movie
6. Light a candle
7. Listen to calming music
8. Knit or crochet
9. Organize a drawer
10. Start journaling

Stay warm!

INGREDIENTS

- 1 tablespoon olive oil
- 3 skinless, boneless chicken breast halves
- 1 large onion, chopped
- 2 cloves garlic, minced
- 5 ¼ cups chicken broth
- 3 (15 oz) cans cannellini beans, rinsed
- 2 (4 oz) cans chopped green chiles
- 1 tablespoon dried oregano
- 1 teaspoon ground cumin
- 2 pinches cayenne pepper (or to taste)
- ¼ cup chopped fresh cilantro (or to taste)
- ½ cup shredded Monterey Jack cheese
- Salt to taste

STEP 1: In a dutch oven, heat olive oil over medium heat. Saute chicken, onion, and garlic until chicken is lightly browned, above 5 minutes.

STEP 2: Transfer chicken to a cutting board and cut into bite-sized chunks. Return to pot.

STEP 3: Add broth, beans, chiles, oregano, cumin, and cayenne. Simmer 30-40 minutes.

STEP 4: To serve, place cilantro in bowls, ladle chili over, and top with cheese and salt to taste.

Source: Allrecipes.com

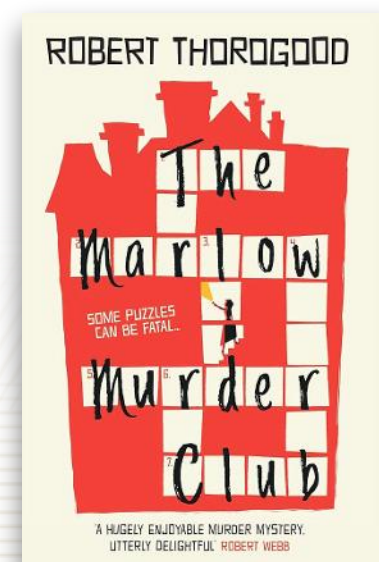
Warm up with chili!

Shelf Indulgence

THIS MONTH'S BOOK RECOMMENDATION

The Marlow Murder Club by Robert Thorogood

When 77-year-old Judith Potts spots something suspicious from her riverside home, she stumbles into a real murder mystery—and decides to solve it herself. Teaming up with two unlikely new friends, Judith forms an amateur sleuthing trio in the sleepy English town of Marlow. Witty, charming, and full of cozy intrigue, this book is a fun and clever read perfect for spring afternoons. Fans of light mysteries and lovable eccentrics will be hooked.



CONTACT INFORMATION



Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



Main Office

Mon - Fri, 10am-4pm
Phone: (262) 288-9165
Fax: (262) 432-0678

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New Berlin, WI 53151

COMMUNITY DIRECTOR

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(AnSer) (800) 263-6148

MAINTENANCE TEAM

Lee Spitz, Jacob Parks

HOUSEKEEPING TEAM

Sandy Wierzba, Sherry Hart

Community Engagement Coordinators

Gloria Mungen

Nancy Evans

Karen Meyers

Your Feedback is Important To Us

TELL US WHAT YOU THINK

Our team works hard to ensure that your expectations are not only met, but exceeded. We send general feedback surveys when the following touch points take place:

Following your move in
Completion of a maintenance request
At lease renewal
Following a move out

Your feedback is extremely important to us and we appreciate your kind words and recognition of our team members and services. We also appreciate when you take the time to tell us where we may have fallen short so that we have an opportunity to improve.

Our community is only as good as our residents' satisfaction and we appreciate you taking the time to share your feedback with us.

Onsite Services

Bible Study

BUILDING 4 COMMUNITY ROOM
First & Third Tuesdays 10 am

Rosary

BUILDING 4 COMMUNITY ROOM
Thursdays 6 pm

We want to hear from you!

Thank you to all our Community Engagement Coordinators for all you do to keep our community running smoothly.



Local Services

Spectrum or AT&T

HOTLINE
Spectrum: (855) 757-7328
AT&T: (800) 321-2000

WE Energies

HOTLINE
(800) 242-9137

New Berlin Senior Taxi

PHONE
(262) 814-1611

New Berlin Police Department

PHONE- NON-EMERGENCY
(262) 782-6640

New Berlin Senior Club

PHONE
(262) 754-1706

New Berlin Public Library

PHONE
(262) 785-4980

Pet License

PHONE (262) 797-2448

A pet license can be obtained at: New Berlin City Hall 3805 S Casper Drive, New Berlin, WI 53151. Monday through Friday 8 am to 4:30 pm.

CHECK IT OUT

Community Newsletters Online HIGHLANDS HAPPENINGS

You can view this edition of your Highlands Happenings newsletter and newsletters from our other Highlands Communities simply by visiting their respective websites. Each website has a "Newsletter" page where you'll find current and archived newsletters. Start reading online today!



Help Us To Better Help You RESIDENT SERVICES OFFICE VISITS

To ensure we can address your needs promptly and thoroughly, we kindly ask for your support in two ways:

For in-person visits:

- Please schedule an appointment whenever possible.
- If visiting without an appointment, limit conversations to 5 minutes or less for non-urgent matters.

For non-urgent questions:

- Submit detailed requests via email or voicemail. This helps us respond efficiently and identify common topics for future resources.

These steps allow our team to dedicate focused attention to walk-ins and appointments while managing essential behind-the-scenes tasks that benefit our entire community.

Thank you for partnering with us to enhance service for all residents.

*We appreciate your understanding
and cooperation!*

Arden Property Group Portfolio of Communities HIGHLANDS COMMUNITIES AND PARAGON PLACE PROPERTIES

Interested in learning more about other communities in our portfolio? Visit our website at ArdenPropertyGroup.com.

Know someone who may be interested in moving to the Highlands Communities or Paragon Place Properties, refer them to any of the properties in our portfolio to earn a Refer A Friend bonus.

Highlands Communities 55+:

Brookfield	Appleton
Menomonee Falls	Neenah
Mequon	De Pere
New Berlin	Winneconne
Franklin	Weston

Paragon Place Properties:

Madison
Middleton

We appreciate your referrals and look forward to meeting your friends & family!